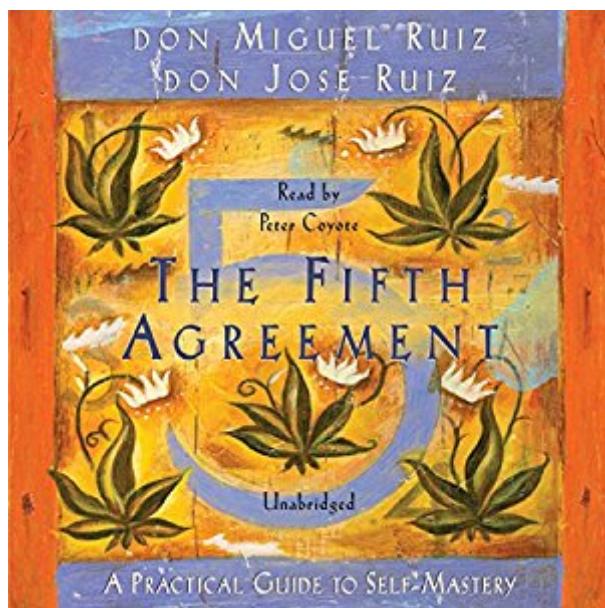


The book was found

# The Fifth Agreement: A Practical Guide To Self-Mastery



## **Synopsis**

In *The Four Agreements*, a New York Times best seller for over seven years, don Miguel Ruiz revealed how the process of our education, or "domestication," can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The Four Agreements help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love. Now don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on the Four Agreements, and a powerful new agreement for transforming our lives into our personal heaven: the fifth agreement. The Fifth Agreement takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this compelling sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

## **Book Information**

Audible Audio Edition

Listening Length: 4 hours and 25 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Amber Allen Publishing Inc.

Audible.com Release Date: February 8, 2011

Whispersync for Voice: Ready

Language: English

ASIN: B004MPBRLU

Best Sellers Rank: #34 in Books > Religion & Spirituality > New Age & Spirituality > New Thought #43 in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult #184 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

## **Customer Reviews**

Excellent read with descriptions of basic facts on living a full life in a fundamentally understandable and clear manner. I have sent copies already to friends and no doubt will be ordering more. Compact-- comprehensible-- cogent.

Such a revealing book. Truth is truth whether from an Aztec, Islamic leader, Christian, etc. This book gets to the heart of who we are, and what we're about. It meddles and disturbs the soul. So if

you get this book be prepared to do some soul searching and discovery of your true inner self.

The chapters I have read are disappointing. More double-talk than educational. A lot of words that don't say much.

Wow! It brings together the original four agreements in a brilliant book about all the lies we have been fed our whole lives. The only way to get back to your real self and truly live well is to become aware of what you really belief, your truths. Stop believing how you should be and begin to belief in your own perfection and that of everyone and everything around you.

I loved this book. If you want to change the world, this is a must read for you. don Miguel and don Jose Ruiz outdo The Four Agreements (if that's even possible) with this book. Not only do they synthesize the Four Agreements but clearly show how The Fifth Agreement is an integral component to changing ourselves, thus in changing the world.

A lot of "self help " books are out there. This book, if read carefully and mentally digested properly will be a positive addition to one's life.

Amazing follow up. :)I will read... and re-read. :)

I belong to a kickboxing gym and noticed how the coaches at the gym were so centered and giving and positive about themselves and others. Through conversation, I found out about this book. I am excited to keep myself in check with these five agreements . We are here to love and be happy... This book gives easy guidance to help us do that. I recommend to anyone who is looking to establish inner peace.

[Download to continue reading...](#)

The Fifth Agreement: A Practical Guide to Self-Mastery (Toltec Wisdom) The Fifth Agreement: A Practical Guide to Self-Mastery The Complete Prenuptial Agreement Kit (Book & CD-ROM) (Write Your Own Prenuptial Agreement) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion,Love Yourself,Affirmations Book 3) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self

Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Emotional Intelligence: A Mastery Guide to Controlling Your Emotions, Improving Your Self-Confidence, and Raising Your Self-Awareness Guitar: Fretboard Mastery - An In-Depth Guide to Playing Guitar with Ease, Including Note Memorization, Music Theory for Beginners, Chords, Scales and Technical Exercises (Guitar Mastery Book 2) Sewing: Absolute Beginners Guide to Sewing with Speed, Creativity and Mastery (Sewing 101, Sewing Mastery) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Radio Mastery for IFR Pilots: Everything You Need to Know to Talk to Air Traffic Control While Flying IFR (Radio Mastery for Pilots) Tony Robbins: 33 Life Mastery Lessons (Free "Morning Routine") (Motivate Yourself, Peak Performance, Build Confidence, Business Mastery, Success Principles, Life Coach, Mindset) Tony Robbins: 33 Life Mastery Lessons (Motivate Yourself, Peak Performance, Build Confidence, Business Mastery, Success Principles, Life Coach, Mindset) The Book of Mastery: The Mastery Trilogy: Book I Archery Mental Mastery: Archery Mental Mastery is a program designed to help you harness your own inner potential to allow archers to develop a winning mind-set. Mastery of Endoscopic and Laparoscopic Surgery (Soper, Mastery of Endoscopic and Laparoscopic Surgery) Writing Mastery: How to Master the Art of Writing & Write 3,000 Words Per Day - Overcoming Writer's Block (Make Money Online, Copywriting, Erotica Writing, ... Writing Mastery, How to Write a Book) MMA Mastery: Flow Chain Drilling and Integrated O/D Training (MMA Mastery series) MMA Mastery: Strike Combinations (MMA Mastery series) Mastery of Vascular and Endovascular Surgery (Mastery of Vascular and Endovascular Surgery (Zelenock))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)